

**Waianae High café**
**BREAKFAST Menu**
**NOVEMBER 2025**

| MONDAY                                                                                                             | TUESDAY                                                                                                           | WEDNESDAY                                                                                                   | THURSDAY                                                                                                             | FRIDAY                                                                                                                     |
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|                                                                                                                    |                                                                                                                   |                                                                                                             |                                                                                                                      |                                                                                                                            |
| <b>3</b><br>PANCAKE BITES<br>OR<br>CEREAL & TOAST W/JELLY<br><br>MIXED FRUITS<br>DICED PEARS                       | <b>4</b><br>HAM AND CHEESE CROISSANT<br>OR<br>YOGURT AND GRANOLA<br><br>FRESH FRUITS                              | <b>5</b><br>UALA SWEET POTATO<br>YOGURT BOWL<br>OR<br>CEREAL & TOAST W/JELLY<br><br>STRAWBERRY APPLE CRUNCH | <b>6</b><br>BREAKFAST CHICKEN PATTY<br>W/RICE<br>OR<br>YOGURT AND GRANOLA<br><br>APPLE SAUCE<br>CRAN RASPBERRY JUICE | <b>7</b><br>CINNAMON BREAD PUDDING<br>& TURKEY LINKS<br>OR<br>CEREAL & TOAST W/JELLY<br><br>FRESH FRUIT<br>SLICED PEACHES  |
| <b>10</b><br>FIESTA EMPANADA<br>OR<br>CEREAL & TOAST W/JELLY<br><br>DICED PEARS<br>FRUIT PNCH JUICE                | <b>11</b><br>NO SCHOOL                                                                                            | <b>12</b><br>GUAVA PASTRY W/BOILED EGG<br>OR<br>CEREAL & TOAST W/JELLY<br><br>DICED PEARS<br>SLICED PEACHES | <b>14</b><br>BLUEBERRY BAGELS<br>W/CREAM CHEESE<br>OR<br>YOGURT AND GRANOLA<br><br>PINEAPPLE CHUNKS<br>FRESH FRUIT   | <b>15</b><br>PORTUGUESE SAUSAGE<br>& RICE<br>OR<br>CEREAL & TOAST W/JELLY<br><br>FRESH FRUIT<br>BLUEBERRY APPLE CRUNCH     |
| <b>17</b><br>MINI BLUEBERRY PANCAKES<br>OR<br>CEREAL & TOAST W/JELLY<br><br>MIXED FRUIT<br>STRAWBERRY APPLE CRUNCH | <b>18</b><br>BREAKFAST CHICKEN WAFFLES<br>OR<br>YOGURT & GRANOLA<br><br>FRESH FRUIT<br>VEGGIE JUICE               | <b>19</b><br>PUMPKIN BREAD WITH<br>TURKEY SAUSAGE<br>OR<br>CEREAL & TOAST W/JELLY<br><br>PINEAPPLE CHUNKS   | <b>20</b><br><u>CHEESE BREADSTICKS</u><br>MARINARA SAUCE<br>OR<br>YOGURT AND GRANOLA<br><br>FRESH FRUITS             | <b>21</b><br><u>CINNAMON ROLL &amp; TURKEY LINKS</u><br>OR<br>CEREAL & TOAST W/JELLY<br><br>MIXED FRUITS<br>SLICED PEACHES |
| <b>24</b><br>FRENCH TOAST<br><br>APPLESauce<br>BLUEBERRY APPLE CRUNCH                                              | <b>25</b><br>SCRAMBLED EGGS WITH<br>BABY BAKERS<br>OR<br>YOGURT AND GRANOLA<br><br>MANDARIN ORANGE<br>FRESH FRUIT | <b>26</b><br><u>MAPLE PANCAKE SAUSAGE</u><br>& CHEESE<br>OR<br>CEREAL & TOAST W/JELLY<br><br>FRESH FRUITS   | <b>27</b><br>NO SCHOOL                                                                                               | <b>28</b><br>NO SCHOOL                                                                                                     |

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**MENU SUBJECT TO CHANGE WITHOUT NOTICE 1/2 PINT MILK SERVED WITH MEAL**

**Waianae High café**
**LUNCH Menu**
**NOVEMBER 2025**

| MONDAY                                                                                                                                                                                  | TUESDAY                                                                                                                                                                                                                       | WEDNESDAY                                                                                                                                                                                  | THURSDAY                                                                                                                                                                                              | FRIDAY                                                                                                                                                                                 |
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| <b><u>POLO VERDE BURRITO</u></b> <b>3</b><br>OR CHILE RELLENO<br>OR<br>CHINESE CHICKEN SALAD<br>PICO DE GALLO/SALSA CUP<br>GREEN SALAD<br>ORANGE FRUIT GEL CUPS<br>FRESH FRUITS         | <b><u>SPICY KICKIN PATTY SANDWICH</u></b> <b>4</b><br>OR CHICKEN PATTY W/RICE GRAVY<br>OR<br><b>PROTEIN SNACK BOX</b><br>LETTUCE & TOMATO<br>POTATO WEDGE/STEAMED CORN<br>SUNBELIEVEABLE SIDEKICK<br>FRUIT PUNCH, FRESH FRUIT | <b><u>ULU KALO HAMBURGER CURRY</u></b> <b>5</b><br>OR KOREAN BEEF BOWL<br>OR<br>CHICKEN CAESER SALAD<br>EDAMAME, ASIAN COLE SLAW<br>MANDARIN ORANGE<br>FRESH FRUIT<br>WG, ROLL             | <b><u>CHICKEN NOODLE STIR- FRY</u></b> <b>6</b><br>OR CHICKEN POTSTICKERS GYOZA<br>OR<br><b>CHEF SALAD</b><br>CUCUMBER PICKLES, S. BROCCOLI<br>TROPICAL PINCH RAISINS<br>FRESH FRUIT<br>DIPPING SAUCE | <b><u>KALUA PORK W/CABBAGE</u></b> <b>7</b><br>AND STEAMED RICE<br>OR<br><b><u>TACO SALAD</u></b><br>LOMI TOMATO<br>OKINAWAN SWEET POTATO<br>PINEAPPLE CHUNKS, FRESH FRUIT<br>WG, ROLL |
| <b><u>LASAGNA ROLL UP</u></b> <b>10</b><br>OR<br>CHINESE CHICKEN SALAD<br>WG, ROLL<br>GREEN SALAD<br>BABY CARROTS<br>SLICED PEACHES AND DICED PEARS                                     | <b>11</b><br>NO SCHOOL                                                                                                                                                                                                        | <b><u>TUNA SANDWICH</u></b> <b>12</b><br>OR FISH FILLET SANDWICH<br>OR CHICKEN CAESER SALAD<br>CHIPS<br>LETTUCE/TOMATO<br>VEGGIE STICKS<br>STRAWBERRY FRUIT GEL CUP<br>APPLE SAUCE         | <b><u>CHICKEN TENDERS</u></b> <b>13</b><br>W/ SCHOOL -MADE MAC & CHEESE<br>OR<br><b>CHEF SALAD</b><br>EDAMAME<br>STEAMED CARROTS<br>FRESH FRUITS                                                      | <b><u>CHICKEN ADOBO</u></b> <b>14</b><br>OR BAKED CHICKEN W/GRAVY<br>OR<br><b>TACO SALAD</b><br>STEAMED BROCCOLI, CORN<br>POG SLUSH JUICE<br>PINEAPPLE CHUNK                           |
| <b><u>PLANT POWERED BITES</u></b> <b>17</b><br>WITH RICE<br>OR<br>CHINESE CHICKEN SALAD<br>WG. ROLL, BAKED BEANS<br>STEAMED BROCCOLI<br>STRAWBERRY- CREAM SIDE KICKS CUP<br>DICED PEARS | <b><u>GRILLED CHICKEN</u></b> <b>18</b><br>PASTA FLORENTINE W/CREAM SAUCE<br>OR<br>CHICKEN CAESER SALAD<br>GREEN SALAD, DICED TOMATO<br>CUCUMBER<br>FRESH FRUITS<br>WG, ROLL                                                  | <b><u>CHILI AND CHEESE NACHOS</u></b> <b>19</b><br>OR SOFT SHELL TACO<br>OR<br><b>PROTEIN SNACK BOX</b><br>GREEN SALAD, SALSA CUP<br>REFRIED BEANS<br>STRAWBERRY KIWI JUICE<br>MIXED FRUIT | <b><u>HOT DOG W/BUN</u></b> <b>21</b><br>OR <b><u>MINI CORN DOGS</u></b><br>OR<br><b>CHEF SALAD</b><br>TATER TOTS<br>VEGGIE STICKS<br>FRESH FRUITS                                                    | <b><u>BBQ PORK SANWICH</u></b> <b>21</b><br>OR<br><b>TACO SALAD</b><br>BABY CARROTS, VEGGIE STICKS<br>SWEET POTATO MASH<br>APPLE BLUEBERRY CRUNCHABLE<br>SLICED PEACHES                |
| <b>24</b><br>CHEESE BITES<br>MARINARA DIPPING SAUCE<br>OR<br>CHINESE CHICKEN SALAD<br>VEGGIE STICKS<br>FRESH FRUITS<br>PEACH MANGO SLUSHIE                                              | <b>25</b><br>ORANGE CHICKEN W/RICE<br>OR<br><b>PROTEIN SNACK BOX</b><br>EDAMAME, STEAMED BROCCOLI<br>PINEAPPLE CHUNKS, MADARIN ORANGE<br>FORTUNE COOKIE<br>WG, ROLL                                                           | <b>26</b><br>CREOLE MAC WITH CHEESE<br>OR SALAD ENTRÉE<br>GREEN SALAD, CARROTS<br>CUCUMBERS<br>SLICED PEACHES, DICED PEARS<br>GARLIC BREAD                                                 | <b>27</b><br>NO SCHOOL                                                                                                                                                                                | <b>28</b><br>NO SCHOOL                                                                                                                                                                 |

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