

## Waianae High café

## LUNCH Menu

JANUARY 2026

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
			1 NO SCHOOL	2 NO SCHOOL
5 NO SCHOOL	6 PEPPERONI PIZZA OR VEGGIE PIZZA OR PROTEIN SNACK BOX VEGGIE STICKS BABY CARROTS GRAPES APPLES	7 TUNA SANDWICH OR FISH FILLET SANDWICH OR CHICKEN CAESER SALAD CHIPS LETTUCE/TOMATO VEGGIE STICKS STRAWBERRY FRUIT GEL CUP APPLE SAUCE	8 CHICKEN TENDERS W/ SCHOOL-MADE MAC & CHEESE OR CHEF SALAD EDAMAME STEAMED CARROTS ORANGES WATERMELON	9 CHICKEN ADOBO OR BAKED CHICKEN W/GRAVY OR TACO SALAD STEAMED BROCCOLI, CORN POG SLUSH JUICE PINEAPPLE CHUNK
12 PLANT POWERED BITES WITH RICE OR CHINESE CHICKEN SALAD WG.ROLL, BAKED BEANS STEAMED BROCCOLI STRAWBERRY- CREAME SIDE KICKS CUP DICED PEARS	13 GRILLED CHICKEN PASTA FLORENTINE W/CREAM SAUCE OR CHICKEN CAESER SALAD GREEN SALAD, DICED TOMATO CUCUMBER ORANGES, GRAPES WG,ROLL	14 CHILI AND CHEESE NACHOS OR SOFT SHELL TACO OR PROTEIN SNACK BOX GREEN SALAD, Salsa CUP REFRIED BEANS STRAWBERRY KIWI JUICE MIXED FRUIT	15 HOT DOG W/BUN OR MINI CORN DOGS OR CHEF SALAD TATER TOTS VEGGIE STICKS APPLES STRAWBERRIES	16 BBQ PORK SANWICH OR TACO SALAD BABY CARROTS, VEGGIE STICKS SWEET POTATO MASH APPLE BLUBERRY CRUNCHABLE SLICED PEACHES
19 NO SCHOOL	20 ORANGE CHICKEN W/RICE OR PROTEIN SNACK BOX EDAMAME, STEAMED BROCCOLI PINEAPPLE CHUNKS, MADARIN ORANGE FORTUNE COOKIE WG,ROLL	21 CREOLE MAC W/CHEESE OR CHICKEN CAESAR SALAD GREEN SALAD, SHREDDED CARROTS CUCUMBERS SLICED PEACHES, DICED PEARS GARLIC BREAD	22 CHEESE BURGER OR CHEFS SALAD LETTUCE & TOMATO, BABY CARROT CRINKLE CUT FRIES SOUR WATERMELON RAISINS ORANGES	23 ROAST TURKEY W/MASHED POTATOES & GRAVY OR TACO SALAD ROASTED ZUCCHINI, VEGGIE STICKS SOUR BLUEBERRY RAISINS GRAPES WG, ROLL
26 POLO VERDE BURRITO OR CHILE RELLENO OR CHINESE CHICKEN SALAD PICO DE GALLO/SALSA CUP GREEN SALAD ORANGE FRUIT GEL CUPS GRAPES	27 SPICY KICKIN PATTY SANDWICH OR CHICKEN PATTY W/RICE GRAVY OR PROTEIN SNACK BOX LETTUCE & TOMATO POTATO WEDGE/STEAMED CORN SUNBELIEVEABLE SIDEKICK FRUIT PUNCH, FRESH FRUIT	28 HAMBURGER CURRY OR KOREAN BEEF BOWL OR CHICKEN CAESER SALAD EDAMAME, ASIAN COLE SLAW MANDARIN ORANGE APPLES WG,ROLL	29 CHICKEN NOODLE STIR- FRY OR CHICKEN POTSTICKERS GYOZA OR CHEF SALAD CUCUMBER PICKLES, S. BROCCOLI TROPICAL PINCH RAISINS BANANA DIPPING SAUCE	30 KALUA PORK W/CABBAGE AND STEAMED RICE OR TACO SALAD LOMI TOMATO OKINAWAN SWEET POTATO PINECHUNKS, RAISIN TROPICAL WG,ROLL

THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER

MENU SUBJECT TO CHANGE WITHOUT NOTICE 1/2 PINT MILK SERVED WITH MEAL

## Waianae High café

## Breakfast Menu

January 2026

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
			1 NO SCHOOL	2 NO SCHOOL
5 NO SCHOOL	6 SCRAMBLED EGG W/BABY BAKERS OR YOGURT & GRANOLA  BANANA STRAWBERRIES	7 CINNAMON TOAST, W/BOILED EGG OR CEREAL & TOAST W/JELLY  DICED PEARS SLICED PEACHES	8 BLUEBERRY BAGELS W/CREAM CHEESE OR YOGURT AND GRANOLA  PINEAPPLE CHUNKS STRAWBERRIES	9 PORTUGUESE SAUSAGE & RICE OR CEREAL & TOAST W/JELLY  WATERMELON BLUEBERRY APPLE CRUNCH
12 MINI BLUEBERRY PANCAKES OR CEREAL & TOAST W/JELLY  MIXED FRUIT STRAWBERRY APPLE CRUNCH	13 BREAKFAST CHICKEN WAFFLES OR YOGURT & GRANOLA  WATERMELON VEGGIE JUICE	14 APPLESAUCE MUFFIN OR COFFEE CAKE TURKEY SAUSAGE OR CEREAL & TOAST W/JELLY  BLURBERRY RAISINS PINEAPPLE CHUNKS	15 CHEESE BREADSTICKS MARINARA SAUCE OR YOGURT AND GRANOLA  GRAPES APPLES	16 CINNAMON ROLL & TURKEY LINKS OR CEREAL & TOAST W/JELLY  MIXED FRUITS SLICED PEACHES
19 NO SCHOOL	20 FRENCH TOAST OR CEREAL & TOAST W/JELLY  APPLESAUCE BLUEBERRY APPLE CRUNCH	21 MAPLE PANCAKE SAUSAGE & CHEESE OR CEREAL & TOAST W/JELLY  BANANA HONEYDEW	22 BLUEBERRY BAGELS WITH CREAM CHEESE OR YOGURT & GRANOLA  STRAWBERRIES STRAWBERRY FRUIT GEL CUP	23 PORTUGUESE SAUSAGE & RICE OR CEREAL & TOAST W/JELLY  GRAPES PINEAPPLE CHUNKS
26 PANCAKE BITES OR CEREAL & TOAST W/JELLY  MIXED FRUITS DICED PEARS	27 HAM AND CHEESE CROISSANT OR YOGURT AND GRANOLA  BANANA TANGERINES	28 UALA SWEET POTATO YOGURT BOWL OR CEREAL & TOAST W/JELLY  STRAWBERRY APPLE CRUNCH	29 BREAKFAST CHICKEN PATTY W/RICE OR YOGURT AND GRANOLA  APPLE SAUCE CRAN RASPBERRY JUICE	31 CINNAMON BREAD PUDDING & TURKEY LINKS OR CEREAL & TOAST W/JELLY  APPLES SLICED PEACHES