

**WAIANAE HIGH**
**LUNCH MENU**
**AUGUST 2025**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
				1
4	5 ORANGE CHICKEN W/RICE OR PROTEIN SNACK BOX EDAMAME, STEAMED BROCCOLI PINEAPPLE CHUNKS, MADARIN ORANGE FORTUNE COOKIE WG, ROLL	6 CREOLE MAC W/CHEESE OR CHICKEN CAESAR SALAD GREEN SALAD, SHREDDED CARROTS CUCUMBERS SLICED PEACHES, DICED PEARS GARLIC BREAD	7 CHEESE BURGER OR CHEFS SALAD LETTUCE & TOMATO, BABY CARROT CRINKEL CUT FRIES SOUR WATERMELON RAISINS FRESH FRUITS	8 ROAST TURKEY W/MASHED POTATOES & GRAVY OR TACO SALAD ROASTED ZUCCHINI, VEGGIE STICKS SOUR BLUEBERRY RAISINS FRESH FRUIT WG, ROLL
11 POLO VERDE BURRITO OR CHILE RELLENO OR CHINESE CHICKEN SALAD PICO DE GALLO/SALSA CUP GREEN SALAD ORANGE FRUIT GEL CUPS FRESH FRUITS	12 SPICY KICKIN PATTY SANDWICH OR CHICKEN PATTY W/RICE GRAVY OR PROTEIN SNACK BOX LETTUCE & TOMATO POTATO WEDGE/STEAMED CORN SUNBELIEVEABLE SIDEKICK FRUIT PUNCH, FRESH FRUIT	13 ULU KALO HAMBURGER CURRY OR KOREAN BEEF BOWL OR CHICKEN CAESAR SALAD EDAMAME, ASIAN COLE SLAW MANDARIN ORANGE FRESH FRUIT WG, ROLL	14 CHICKEN NOODLE STIR-FRY OR CHICKEN POTSTICKERS GYOZA OR CHEF SALAD CUCUMBER PICKLES, S. BROCCOLI TROPICAL PINCH RAISINS FRESH FRUIT DIPPING SAUCE	15 KALUA PORK W/CABBAGE AND STEAMED RICE OR TACO SALAD LOMI TOMATO OKINAWAN SWEET POTATO PINEAPPLE CHUNKS, FRESH FRUIT WG, ROLL
18 LASAGNA ROLL UP OR CHINESE CHICKEN SALAD WG, ROLL GREEN SALAD BABY CARROTS SLICED PEACHES AND DICED PEARS	19 PEPPERONI PIZZA OR VEGGIE PIZZA OR PROTEIN SNACK BOX VEGGIE STICKS BABY CARROTS FRESH FRUITS	20 TUNA SANDWICH OR FISH FILLET SANDWICH OR CHICKEN CAESAR SALAD CHIPS LETTUCE/TOMATO VEGGIE STICKS STRAWBERRY FRUIT GEL CUP APPLE SAUCE	21 CHICKEN TENDERS W/ SCHOOL -MADE MAC & CHEESE OR CHEF SALAD EDAMAME STEAMED CARROTS FRESH FRUITS	22 CHICKEN ADOBO OR BAKED CHICKEN W/GRAVY OR TACO SALAD STEAMED BROCCOLI, CORN POG SLUSH JUICE PINEAPPLE CHUNK
25 PLANT POWERED BITES WITH RICE OR CHINESE CHICKEN SALAD WG. ROLL, BAKED BEANS STEAMED BROCCOLI STRAWBERRY- CREAM SIDE KICKS CUP DICED PEARS	26 GRILLED CHICKEN PASTA FLORENTINE W/CREAM SAUCE OR CHICKEN CAESAR SALAD GREEN SALAD, DICED TOMATO CUCUMBER FRESH FRUITS WG, ROLL	27 CHILI AND CHEESE NACHOS OR SOFT SHELL TACO OR PROTEIN SNACK BOX GREEN SALAD, SALSA CUP REFRIED BEANS STRAWBERRY KIWI JUICE MIXED FRUIT	28 HOT DOG W/BUN OR MINI CORN DOGS OR CHEF SALAD TATER TOTS VEGGIE STICKS FRESH FRUITS	29 BBQ PORK SANDWICH OR TACO SALAD BABY CARROTS, VEGGIE STICKS SWEET POTATO MASH APPLE BLUEBERRY CRUNCHABLE SLICED PEACHES

**THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER**
**MENU SUBJECT TO CHANGE WITHOUT NOTICE 1/2 PINT MILK SERVED WITH MEAL**

**Waianae High café**
**Breakfast Menu**
**August 2025**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
				<b>1</b>
<b>4</b>	<b>5</b> SCRAMBLED EGGS WITH BABY BAKERS OR YOGURT AND GRANOLA  MANDARIN ORANGE FRESH FRUIT	<b>6</b> <u>MAPLE PANCAKE SAUSAGE</u> & CHEESE OR CEREAL & TOAST W/JELLY  FRESH FRUITS	<b>7</b> <u>BLUEBERRY BAGELS</u> WITH CREAM CHEESE OR YOGURT & GRANOLA  FRESH FRUIT STRAWBERRY FRUIT GEL CUP	<b>8</b> <u>PORTUGUESE SAUSAGE</u> & RICE OR CEREAL & TOAST W/JELLY  FRESH FRUIT PINEAPPLE CHUNKS
<b>11</b> PANCAKE BITES OR CEREAL & TOAST W/JELLY  MIXED FRUITS DICED PEARS	<b>12</b> HAM AND CHEESE CROISSANT OR YOGURT AND GRANOLA  FRESH FRUITS	<b>13</b> UALA SWEET POTATO YOGURT BOWL OR CEREAL & TOAST W/JELLY  STRAWBERRY APPLE CRUNCH	<b>14</b> BREAKFAST CHICKEN PATTY W/RICE OR YOGURT AND GRANOLA  APPLE SAUCE CRAN RASPBERRY JUICE	<b>15</b> CINNAMON BREAD PUDDING & TURKEY LINKS OR CEREAL & TOAST W/JELLY  FRESH FRUIT SLICED PEACHES
<b>18</b> FIESTA EMPANADA OR CEREAL & TOAST W/JELLY  DICED PEARS FRUIT PNCH JUICE	<b>19</b> SCRAMBLED EGG W/BABY BAKERS OR YOGURT & GRANOLA  FRESH FRUITS	<b>20</b> GUAVA PASTRY W/BOILED EGG OR CEREAL & TOAST W/JELLY  DICED PEARS SLICED PEACHES	<b>21</b> <u>BLUEBERRY BAGELS</u> W/CREAM CHEESE OR YOGURT AND GRANOLA  PINEAPPLE CHUNKS FRESH FRUIT	<b>22</b> <u>PORTUGUESE SAUSAGE</u> & RICE OR CEREAL & TOAST W/JELLY  FRESH FRUIT BLUEBERRY APPLE CRUNCH
<b>25</b> MINI BLUEBERRY PANCAKES OR CEREAL & TOAST W/JELLY  MIXED FRUIT STRAWBERRY APPLE CRUNCH	<b>26</b> BREAKFAST CHICKEN WAFFLES OR YOGURT & GRANOLA  FRESH FRUIT VEGGIE JUICE	<b>27</b> PUMPKIN BREAD WITH TURKEY SAUSAGE OR CEREAL & TOAST W/JELLY  PINEAPPLE CHUNKS SOUR RAISINS	<b>28</b> <u>CHEESE BREADSTICKS</u> MARINARA SAUCE OR YOGURT AND GRANOLA  FRESH FRUITS	<b>29</b> <u>CINNAMON ROLL &amp; TURKEY LINKS</u> OR CEREAL & TOAST W/JELLY  MIXED FRUITS SLICED PEACHES

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