

Waianae High café

Lunch Menu

SEPTEMBER 2025

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
CHEESE BITES MARINARA DIPPING SAUCE OR CHINESE CHICKEN SALAD VEGGIE STICKS FRESH FRUITS PEACH MANGO SLUSHIE	ORANGE CHICKEN W/RICE OR PROTEIN SNACK BOX EDAMAME, STEAMED BROCCOLI PINEAPPLE CHUNKS, MADARIN ORANGE FORTUNE COOKIE WG, ROLL	CREOLE MAC W/CHEESE OR CHICKEN CAESAR SALAD GREEN SALAD, SHREDDED CARROTS CUCUMBERS SLICED PEACHES, DICED PEARS GARLIC BREAD	CHEESE BURGER OR CHEFS SALAD LETTUCE & TOMATO, BABY CARROT CRINKEL CUT FRIES SOUR WATERMELON RAISINS FRESH FRUITS	ROAST TURKEY W/MASHED POTATOES & GRAVY OR TACO SALAD ROASTED ZUCCHINI, VEGGIE STICKS SOUR BLUEBERRY RAISINS FRESH FRUIT WG, ROLL
POLO VERDE BURRITO OR CHILE RELLENO OR CHINESE CHICKEN SALAD PICO DE GALLO/SALSA CUP GREEN SALAD ORANGE FRUIT GEL CUPS FRESH FRUITS	SPICY KICKIN PATTY SANDWICH OR CHICKEN PATTY W/RICE GRAVY OR PROTEIN SNACK BOX LETTUCE & TOMATO POTATO WEDGE/STEAMED CORN SUNBELIEVEABLE SIDEKICK FRUIT PUNCH, FRESH FRUIT	ULU KALO HAMBURGER CURRY OR KOREAN BEEF BOWL OR CHICKEN CAESAR SALAD EDAMAME, ASIAN COLE SLAW MANDARIN ORANGE FRESH FRUIT WG, ROLL	CHICKEN NOODLE STIR-FRY OR CHICKEN POTSTICKERS GYOZA OR CHEF SALAD CUCUMBER PICKLES, S. BROCCOLI TROPICAL PINCH RAISINS FRESH FRUIT DIPPING SAUCE	KALUA PORK W/CABBAGE AND STEAMED RICE OR TACO SALAD LOMI TOMATO OKINAWAN SWEET POTATO PINEAPPLE CHUNKS, FRESH FRUIT WG, ROLL
LASAGNA ROLL UP OR CHINESE CHICKEN SALAD WG, ROLL GREEN SALAD BABY CARROTS SLICED PEACHES AND DICED PEARS	PEPPERONI PIZZA OR VEGGIE PIZZA OR PROTEIN SNACK BOX VEGGIE STICKS BABY CARROTS FRESH FRUITS	TUNA SANDWICH OR FISH FILLET SANDWICH OR CHICKEN CAESAR SALAD CHIPS LETTUCE/TOMATO VEGGIE STICKS STRAWBERRY FRUIT GEL CUP APPLE SAUCE	CHICKEN TENDERS W/ SCHOOL -MADE MAC & CHEESE OR CHEF SALAD EDAMAME STEAMED CARROTS FRESH FRUITS	CHICKEN ADOBO OR BAKED CHICKEN W/GRAVY OR TACO SALAD STEAMED BROCCOLI, CORN POG SLUSH JUICE PINEAPPLE CHUNK
PLANT POWERED BITES WITH RICE OR CHINESE CHICKEN SALAD WG, ROLL, BAKED BEANS STEAMED BROCCOLI STRAWBERRY- CREAM SIDE KICKS CUP DICED PEARS	GRILLED CHICKEN PASTA FLORENTINE W/CREAM SAUCE OR CHICKEN CAESAR SALAD GREEN SALAD, DICED TOMATO CUCUMBER FRESH FRUITS WG, ROLL	CHILI AND CHEESE NACHOS OR SOFT SHELL TACO OR PROTEIN SNACK BOX GREEN SALAD, SALSA CUP REFRIED BEANS STRAWBERRY KIWI JUICE MIXED FRUIT	HOT DOG W/BUN OR MINI CORN DOGS OR CHEF SALAD TATER TOTS VEGGIE STICKS FRESH FRUITS	BBQ PORK SANWICH OR TACO SALAD BABY CARROTS, VEGGIE STICKS SWEET POTATO MASH APPLE BLUBERRY CRUNCHABLE SLICED PEACHES
CHEESE BITES MARINARA DIPPING SAUCE OR CHINESE CHICKEN SALAD VEGGIE STICKS FRESH FRUITS PEACH MANGO SLUSHIE	ORANGE CHICKEN W/RICE OR PROTEIN SNACK BOX EDAMAME, STEAMED BROCCOLI PINEAPPLE CHUNKS, MADARIN ORANGE FORTUNE COOKIE WG, ROLL			

Waianae High café
BREAKFAST Menu
September 2025

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1 FRENCH TOAST APPLESAUCE BLUEBERRY APPLE CRUNCH	2 SCRAMBLED EGGS WITH BABY BAKERS OR YOGURT AND GRANOLA MANDARIN ORANGE FRESH FRUIT	3 MAPLE PANCAKE SAUSAGE & CHEESE OR CEREAL & TOAST W/JELLY FRESH FRUITS	4 BLUEBERRY BAGELS WITH CREAM CHEESE OR YOGURT & GRANOLA FRESH FRUIT STRAWBERRY FRUIT GEL CUP	5 PORTUGUESE SAUSAGE & RICE OR CEREAL & TOAST W/JELLY FRESH FRUIT PINEAPPLE CHUNKS
8 PANCAKE BITES OR CEREAL & TOAST W/JELLY MIXED FRUITS DICED PEARS	9 HAM AND CHEESE CROISSANT OR YOGURT AND GRANOLA FRESH FRUITS	10 UALA SWEET POTATO YOGURT BOWL OR CEREAL & TOAST W/JELLY STRAWBERRY APPLE CRUNCH	11 BREAKFAST CHICKEN PATTY W/RICE OR YOGURT AND GRANOLA APPLE SAUCE CRAN RASPBERRY JUICE	12 CINNAMON BREAD PUDDING & TURKEY LINKS OR CEREAL & TOAST W/JELLY FRESH FRUIT SLICED PEACHES
15 FIESTA EMPANADA OR CEREAL & TOAST W/JELLY DICED PEARS FRUIT PNCH JUICE	16 SCRAMBLED EGG W/BABY BAKERS OR YOGURT & GRANOLA FRESH FRUITS	17 GUAVA PASTRY W/BOILED EGG OR CEREAL & TOAST W/JELLY DICED PEARS SLICED PEACHES	18 BLUEBERRY BAGELS W/CREAM CHEESE OR YOGURT AND GRANOLA PINEAPPLE CHUNKS FRESH FRUIT	19 PORTUGUESE SAUSAGE & RICE OR CEREAL & TOAST W/JELLY FRESH FRUIT BLUEBERRY APPLE CRUNCH
22 MINI BLUEBERRY PANCAKES OR CEREAL & TOAST W/JELLY MIXED FRUIT STRAWBERRY APPLE CRUNCH	23 BREAKFAST CHICKEN WAFFLES OR YOGURT & GRANOLA FRESH FRUIT VEGGIE JUICE	24 PUMPKIN BREAD WITH TURKEY SAUSAGE OR CEREAL & TOAST W/JELLY PINEAPPLE CHUNKS	25 CHEESE BREADSTICKS MARINARA SAUCE OR YOGURT AND GRANOLA FRESH FRUITS	26 CINNAMON ROLL & TURKEY LINKS OR CEREAL & TOAST W/JELLY MIXED FRUITS SLICED PEACHES
29 MINI BLUEBERRY PANCAKES OR CEREAL & TOAST W/JELLY MIXED FRUIT STRAWBERRY APPLE CRUNCH	30 BREAKFAST CHICKEN WAFFLES OR YOGURT & GRANOLA FRESH FRUIT VEGGIE JUICE			

THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER
MENU SUBJECT TO CHANGE WITHOUT NOTICE 1/2 PINT MILK SERVED WITH MEAL