

**WAIANAE HIGH CAFÉ**

**BREAKFAST AND LUNCH**

**April 2022**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
				SCHOOL MADE CINN.ROLL <b>1</b> APPLE CHIPS,FRESH FRUIT LUNCH- HOT DOG ON BUN TATER TOTS BABY CARROTS,VEGGIES STICKS PINE CHUNKS,DICED PEARS
FRENCH TOAST STICKS W/SYRUP <b>4</b> POWER PUNCH JUICE,PINE CHUNKS LUNCH- TASTY CHICKEN TENDERS,ROLL STEAMED RICE,GREEN SALAD VEGGIE STICKS APPLESAUCE PINE CHUNKS	CHICKEN PATTY W/RICE <b>5</b> CRAISINS,PEACHES LUNCH- TUNA SANDWICH CORN CHOWDER GREEN SALAD TOMATO WEDGE EDAMAME POG SLUSH,FRESH FRUIT	CEREAL W/TOAST <b>6</b> DICED PEARS,FRESH FRUIT LUNCH- BEEF CHILI NACHOS STEAMED BROCCOLI STEAMED CORN GRAPE JUICE MIXED FRUIT	PIZZA BAGEL <b>7</b> MIXED FRUIT,GRAPE JUICE LUNCH- CHEESE BURGER TATER TOTS COLE SLAW BAKED BEANS MIXED FRUIT,FRESH FRUIT	COFFEE CAKE W/TURKEY HAM <b>8</b> FRESH FRUIT,APPLE CHIPS LUNCH- KALUA PORK W/CABBAGE ROLL,STEAMED RCIE DICED TOMATO W/G.ONION PINE CHUNKS SLICED PEACHES
PORTUGESE SAUSAGE W/RICE <b>11</b> FRESH FRUIT,PINECHUNKS LUNCH- PEPPERONI PIZZA GREEN SALAD,VEGGIE STICKS, HUMMUS FRUIT PUNCH JUICE FRESH FRUIT	BREAKFAST PIZZA <b>12</b> FRESH FRUIT,APPLE CHIPS LUNCH- ROAST TURKEY W/GRAVY MASH POTATO ROLL ,BABY CARROTS PINE CHUNKS,DICED PEARS	MINI PANCAKES <b>13</b> MIXED FRUITS,CRAISINS LUNCH- SLOPPY JOE WEDGE FRIES GREEN SALAD POG SLUSHIE FRESH FRUIT	CEREAL W/TOAST <b>14</b> APPLESAUCE,PARADISE PUNCH JUICE LUNCH- BREADED CHICKEN TENDERS STEAMED RICE STEAMED CARROTS STEAMED EDAMAME APPLE CHIPS,MIXED FRUITS	<b>15</b> GOOD FRIDAY
FRUITED MUFFIN W/TURKEY HAM <b>18</b> GRAPE JUICE,PEACHES LUNCH- CHEESE BITES VEGGIE STICKS MARINARA SAUCE CUPS CONCORD GRAPE SLUSHIE FRESH FRUIT	PLAIN BAGEL W/CREAM CHEESE <b>19</b> FRESH FRUIT,DICED PEARS LUNCH- SPAGHETTI W/MEAT SAUCE GREEN SALAD,EDAMAME APLLESAUCE,SLICED PEACHES FRENCH BREAD	COUNTRY GRAVY PIZZA <b>20</b> PINE CHUNKS,CRAISINS LUNCH- CHICKEN MOZZARELLA SANDWICH EMOTICON POTATOES MARINARA SAUCE CUPS FRESH FRUIT MIXED FRUIT	CHICKEN PATTY W/RICE <b>21</b> MIXED FRUITS,FRUIT PUNCH LUNCH- BEEF PATTY W/GRAVY STEAMED RICE,WG ROLL STEAMED CARROTS,STEAMED CORN SLICED PEACHES,PINE CHUNKS	CEREAL W/TOAST <b>22</b> APPLESACUE/FRESH FRUIT LUNCH- ASIAN CHICKEN,WG ROLL STEAMED RICE,GREEN SALAD BABY CARROTS , CELERY CRAN & RAZZ JUICE, FRESH FRUIT
CHEESE STUFFED STICKS <b>25</b> FRUIT PUNCH JUICE,MARINARA SAUCE LUNCH- CHEESE PIZZA GREEN SALAD BABY CARROTS CRAISINS FRESH FRUIT	BELGIAN WAFFLES <b>26</b> FRESH FRUIT,MIXED FRUIT LUNCH- FISH SANDWICH WEDGE FRIES,VEGGIE STICKS BAKED BEANS GRAPE SLUSHY DICED PEARS	CEREAL W/TOAST <b>27</b> PEACHES,GRAPE JUICE LUNCH- CREOLE MAC COLE SLAW,STEAMED CORN MIXED FRUIT STEAMED EDAMAME,WG ROLL FRESH FRUIT	PORTUGUESE SAUSAGE RICE <b>28</b> APPLESAUCE,CRAISINS LUNCH- ROAST PORK W/ GRAVY STEAMED CARROTS STEAMED RICE,ROLL STRAWBERRY KIWI JUICE FRESH FRUIT	SCHOOL MADE CINN.ROLL <b>29</b> APPLE CHIPS,FRESH FRUIT LUNCH- HOT DOG ON BUN TATER TOTS BABY CARROTS,VEGGIES STICKS PINE CHUNKS,DICED PEARS

MENU SUBJECT TO CHANGE  
WITH OUT NOTICE

THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER

1/2 pint milk served with meal